

(TMI Journeys – March 2019)

YOUR TMI COMMUNITY IS READY FOR YOU: SYNC UP WITH THE LOCAL CHAPTER NETWORK!



by Leslie France, TMI Projects Manager

How do you maintain a personal relationship with the Institute after or between programs, especially if you live outside of Virginia, USA, as most TMI participants, trainers, members, grads, supporters, and friends do?

How do you connect with others like yourself who want to stay current on TMI trends?

How do you find a Monroe community far from the Virginia campus?

Through the extensive Local Chapter Network—a bright and vital TMI community. Designed, administered, and led by a strong, dedicated all-volunteer team, the LCN has established a presence of 60 local chapters in 13 countries on 5 continents. The LCN is about 2,500 members strong with approximately 500 attending monthly Local Chapter meetings, and growing!

What do the TMI Local Chapters offer?

The LCN hosts free gatherings, both physical and virtual, where you can share your questions, your experiences; where you can catch up with TMI news and participate in group Hemi-Sync® and SAM exercises, or hear guest speakers.

The LCN is both a worldwide community and a cozy consciousness neighborhood of Monroe Institute enthusiasts in which you can be truly and uncompromisingly Yourself. All are welcome! Meetings are open to you, whether you have experienced the work of the Institute, or are simply curious.

TMI Tacoma is my peer group. I would be lost without it! If I had no one to talk to about the experiences I have had thanks to TMI, my brain would explode. ~ Chapter leader James in Tacoma, Washington

What is the best way to get connected?

Find a Local Chapter group near you.

1. Go to the [LCN webpage](#) and click the Region closest to you.
2. See a list of current chapters in your area.
3. Email the Local Chapter leader of the group you choose.

Join the monthly virtual Hangouts meetings.

These meetings on Google Hangouts are fun and informative, and a great way to interact with your TMI neighbors in consciousness.

- How? Login or register for your free Google account.
- When? Second Sundays of each month at 2 PM Eastern Time
- Where? <https://hangouts.google.com/group/d8YpaGpmEB5BcHFj2>

Start your own Local Chapter group.

The LCN is always happy to welcome dynamic new chapter leaders! And it's right there to help you get started. To qualify as a Local Chapter Leader, you must be a graduate of the [Gateway Voyage residential program](#), and/or the [2-day Outreach Excursion Workshop](#), and/or the [Gateway Experience®](#) online program Waves I & II. Then—

1. Go to the [LCN webpage](#) and click the Region closest to you.
2. Complete the form at the bottom of the Region page you selected.

Did we mention volunteers? Without them, there would be no Local Chapters. *Thank You!* for your dedication and service.

The LCN “... started back in 2008 as an idea that by 2009 had become a reality. Paul Rademacher, then executive director of the Institute, threw his whole-hearted support behind the creation of this outreach effort after traveling around the US and Canada connecting with Institute enthusiasts. During his travels he asked TMI graduates what they needed most from TMI. The resounding response was *ongoing support once people returned home after attending a TMI program*. The LCN stepped up to fill that need.” The LCN mission was quickly expanded to include all TMI enthusiasts—veterans and newcomers alike.

The Local Chapter Network exists thanks to the brains, brawn, and heart of each Local Chapter leader and LCN Leadership Council member.

Your current Leadership Council members are—

- Mark Crewson, moderator and liaison to TMI from LCN
- Beth Haley – Americas chapter liaison
- Anja Lysholm – Eurasia chapter liaison
- Elissa MacLachlan – communications coordinator
- Carol Monroe – liaison from TMI to LCN
- Thomas Mooneagle – the chapter registrar and technology coordinator, onboarding process



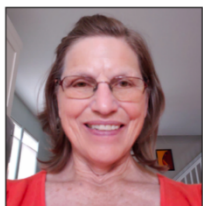
Mark Crewson
Moderator, Liaison to TMI from
LCN



Beth Haley
Americas Chapter Liaison



Anja Lysholm
Eurasia Chapter Liaison



Elissa MacLachlan
Communications Coordinator



Carol "C.J." Monroe
Liaison to LCN from TMI



Thomas Mooneagle
Chapter Registrar, Technology
Coordinator, Onboarding
Process

A big shout-out and giant kudos to former Leadership Council members!

Viki Atkinson*	Gwen Jones
Laurin Bellg	Candice Sanderson*
Andrea Berger	Jack Slate*
Pam Boyer*	Dawn Tobin
Greg Brown	Beth Vaughan
Laura Davis*	Clifford “Tip” Walker
Allyn Evans*	Deryn Winchester

Shaye Hudson*

* founding Leadership Council members

Note: Hemi-Sync® is a registered trademark of Interstate Industries Inc., dba Hemi-Sync®.